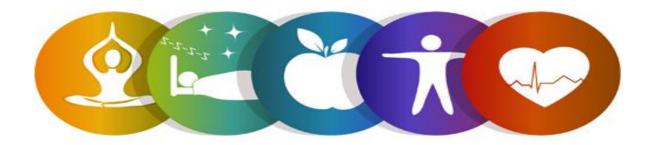
## The Office of Health and Wellness



Follow the steps below to calculate your 2019-20 medical benefits contribution:

- 1. Add the monthly rate for each insurance that you are enrolled in (add each individual insurance together to get a total)
- 2. Multiply by 12 to arrive at the annual premium
- 3. See attached chart for your level of coverage (Employees on Horizon Omnia use Year 2/Tier 2. Employees on Direct Access use Year 4/Tier 4)
- 4. Multiple the total premium by the percentage indicated.
- 5. Divide by the number of paychecks you receive in one year. This is your health benefits contribution per paycheck.

- 6. If you waive health and prescription and only carry dental insurance, your deduction will be 1.5% of your pensionable salary OR dental premium, whichever is lower.
- 7. Vision is a voluntary deduction and therefore is covered by the employee.