



May



NEWSLETTER

FROM THE DESK OF:

WEEK OF:

EMAIL:

CLASS INFORMATION

Find ways to be creative and get some exercise and keep moving. Challenge yourself with pedometers or Fitbits! See how much you can move in a day. Even doing chores around the house or playing interactive moving video games or finding and participating in yoga routines with a smart TV. We can always be creative and make our resolutions of being healthier stay true. Last but not least, GET OUTSIDE AND PLAY!

CURRICULUM

In the month of May, students will be participating in fun outdoor activities such as Capture the Flag, Rally Ball, Crazy Kickball and other fun games/activities. Hopefully the weather clears up and we can get outside more often and onto the grass. The weather has not been cooperating so we are going to keep bringing in new indoor games such as the fan-favorite, Star Wars.

REMINDERS

Check the calendar! Know your gym days so you don't forget your sneakers!

Check your Fitbit! Try to find ways to get your 10,000 steps in a day. The more you move around, the better you will feel! Can you get more steps than Mr. Molnar and Mr. Morales?

IMPORTANT DATES

May 7th: First JMI Cricket Match vs Menlo Park! The match was a great success! The students that were randomly picked to represent JMI, did a wonderful job displaying good sportsmanship!

May 31st: Field Day!
It should be a very fun day which will include:
Fun inflatables(thanks to the PTO), Rally Ball, Tug of War, Sponge Race, Jump Rope and more!