





















**Edison School District
Elementary Menu
November 2011**

 Specifies Vegetarian Meal Choice
Specifies Whole Wheat, Whole Grain Option












Monday	Tuesday	Wednesday	Thursday	Friday
<p align="right">31</p> Whole Grain Chicken Nuggets  BBQ Dipping Sauce Whole Wheat Bread Slice   Potato Rounds Fresh Orange Smiles Low Fat Milk Crunchy Cheese Squares 	<p align="center">Edison \$1.00 Day!</p> <p align="right">1</p> Turkey Hot Dog Whole Wheat Bun  Vegetarian Beans Chilled Peaches All Paid Lunches are \$1.00 Bosco Sticks with Marinara Sauce 	<p align="right">2</p> Cheeseburger on a   Whole Wheat Bun Seasoned Peas Chilled Pears Low Fat Milk Veggie Burger on a Bun 	<p align="right">3</p> Sweet and Sour Popcorn Chicken Oriental Fried Rice Glazed Carrots Chilled Mixed Fruit Low Fat Milk Toasted Cheese Sandwich 	<p align="right">4</p>  Stuffed Crust Pizza Romaine Lettuce Side Salad Light Dressing Fresh Apple Low Fat Milk

Teachers Convention, School Closed November 7th to November 11th



Whole Grain Chicken Nuggets  Honey Mustard Dipping Sauce Whole Wheat Bread   Seasoned Corn Fresh Orange Smiles Low Fat Milk Veggie Burgers on a Bun 	Toasted Cheese Sandwich on Whole Wheat   Tomato Soup Celery Sticks with Ranch Dressing Chilled Peaches Low Fat Milk Coloring Sheet Giveaway	Meatball Hoagie with Marinara Sauce Seasoned Green Beans Chilled Pears Low Fat Milk Crunchy Cheese Squares 	Whole Grain Tortilla Shells With Spicy Taco Meat Fiesta Rice & Beans Shredded Romaine Lettuce Applesauce Low Fat Milk Vegetarian Nachos with Cheese 	 Cheese Pizza Wedge Baby Carrots with Dressing Locally Grown Chilled Mixed Fruit Low Fat Milk
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<p align="right">21</p> Whole Grain Chicken Nuggets  BBQ Dipping Sauce Whole Wheat Bread Slice   Potato Rounds Fresh Orange Smiles Low Fat Milk Crunchy Cheese Squares 	<p align="right">22</p> Sloppy Joe Scoops  Vegetarian Baked Beans Chilled Apple Sauce Low Fat Milk	<p align="right">23</p> French Bread Pizza Baby Carrots with Dressing Locally Grown Fresh Apple Low Fat Milk	<p align="center">Monthly Nutrition Message November is Good Nutrition Month!  Carrots are an excellent source of Vitamin A which is needed for healthy eyesight, skin, growth, and fighting infection. Their sweet taste makes them a great snack when eaten raw and a tasty addition to a variety of cooked dishes</p>	
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Crunchy Cheese Squares 	Vegetarian Sloppy Joes On a Bun 			
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<p align="right">28</p> Baked Chicken Nuggets With Dipping Sauce Whole Wheat Dinner Roll   Seasoned Mixed Vegetables Chilled Pineapple Chunks Chocolate Pudding Low Fat Milk Crunchy Cheese Squares 	<p align="right">29</p> Barilla Plus Penne with Cheesy Toast   Marinara Sauce Garden Salad with Light Dressing Chilled Sliced Peaches Low Fat Milk	<p align="right">30</p> BBQ Beef Ribbies on a Whole Wheat Bun  Carrot Fries Chilled Pears Low Fat Milk Veggie Burger on a Bun 	<p align="center">School Closed Fall Recess</p> <p align="right">2</p> Chicken Parmesan on a Whole Wheat Bun  Seasoned Green Beans Chilled Applesauce Low Fat Milk Garden Salad Topped with Cheese 		 Whole Grain  Cheese Pizza Baby Carrots with Dressing Locally Grown Chilled Pears Low Fat Milk
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Daily Alternates

Daily: Triple Decker Peanut Butter and Jelly
  Bagel Yogurt Bag: Bagel, Yogurt, Cheese
Monday: Turkey and Cheese Whole Wheat Bread Sandwich
Tuesday: Garden Salad with Yogurt Cup and Cheese Cubes served with Soft Tortilla
Wednesday: Breakfast Cereal, Yogurt Cup and Cheese Cubes
Thursday: Tuna Salad on Hoagie Roll
Friday: Breakfast Cereal, Yogurt Cup and Cheese Cubes
 All cold lunches are offered with Baby Carrots with Light Dressing, Fruit and Milk



Visit www.MealpayPlus.com
 or call 888-862-9738 to get started
Need your Student ID #
Call 1-877-237-0946
 Or you may pre-pay for student lunches by
 Sending a check or cash to your school cafeteria.
 All checks must be made out to the Board of
 Education Cafeteria Account.

*Interested in part time work with Chartwells? Please call:
 Call 732-452-2803*

**A full student lunch includes choice of entrée w/ specified offered accompaniments, choice of Two fruit/vegetable side dishes, and milk choice.
 Daily Milk choice includes: Skim, 1% regular & 1% chocolate.
 Fresh Fruit and Bread Basket available daily.
 Student Lunch Price: \$2.75 Reduced Price Lunch \$4.00
 Ala carte Milk \$5.00**